

Resource Guide

Parenting & Pregnancy



The Office of Equal Opportunity

859-257-8927

<https://oeo.uky.edu/>

Campus Resources

<p><u>Academic Ombud</u></p>	<p>859-257-3737</p> <p>Confidential space for students/faculty to receive advice and guidance on any academic issue</p>
<p><u>Office of Equal Opportunity</u></p>	<p>859-257-8927</p> <p>Can investigate claims of discrimination/harassment based on protected characteristics.</p> <p>Offers supportive measures like excused absences (<i>if</i> appointments have to be during class time, though you should try to schedule around classes), helping to change desks, food/water/break excuses, assistance with communicating with professors, etc.</p>
<p><u>Center for Support and Intervention (CSI)</u></p>	<p>859-257-3755</p> <p>Provides a central point of entry for concerns regarding students/employees and connecting individual to resources</p>
<p><u>UK Human Resources</u></p>	<p>Some are employee-focused, but still has a lot of helpful information regarding childcare resources</p>
<p><u>Lactation Spaces</u></p>	<p>Lactation spaces on campus</p>
<p><u>UK Police Department</u></p>	<p>859-257-8573</p> <p>24/7 support</p>

Financial and Housing Resources

<p><u>Childcare/Dependent Grant</u></p>	<p>UK SGA offers a grant for full-time students who have dependents</p> <p>\$1000 for students with at least 1 dependent \$1500 for students with multiple dependents</p>
<p><u>Graduate and Family Housing</u></p>	<p>859-257-3721</p>
<p><u>Students Who Are Parents</u></p>	<p>859-257-2752</p> <p>Academic resources, career/financial resources, childcare assistance, finding your wildcat community, food/housing resources, wellness resources</p>
<p><u>Cabinet for Health and Family Services Prenatal Program</u></p>	<p>502-564-2154</p> <p>Assures basic prenatal services if income is at or below 185% federal poverty level</p>
<p><u>Women, Infants, and Children</u></p>	<p>859-288-2483</p> <p>Supplemental Nutrition Program</p>

Health Resources

<p><u>University Health Services (UHS)</u></p>	<p>859-323-4636 Triage Nurse available for telephone consultations</p>
<p><u>UK Midwives Clinic</u></p>	<p>859-323-9897 The UK Midwife Clinic offers midwifery (obstetrics), gynecology and primary healthcare to women across the lifespan in an environment that emphasizes kindness and personal service</p>
<p><u>UK Women’s Health Obstetrics and Gynecology</u></p>	<p>859-323-0005 Care throughout various stages of reproductive lives</p>
<p><u>Lexington-Fayette Health Department</u></p>	<p>859-252-2371 Helping Lexington be well</p>
<p><u>Lexington Health Center</u></p>	<p>317-205-8088 Planned Parenthood is one of the nation’s leading providers of high-quality, affordable healthcare, and the nation’s largest provider of sex education</p>
<p><u>Child Care Aware of Kentucky</u></p>	<p>Housed at Human Development Institute at UK Developmental Disabilities Education, Research and Service</p>
<p><u>Child Care Assistance Program – Health and Human Services</u></p>	<p>Children under 13 years of age (exceptions if your child has a disability) Certain qualifications to review</p>
<p><u>Lexington Family Care Center</u></p>	<p>859-288-4040 Services for families with young children</p>

Educational Resources

<u>One Parent Scholar House</u>	859-252-4828 Help single parents earn a post-secondary education
<u>Standing with You</u>	1-877-910-0096 Helping expecting people know their rights and connecting them to resources
<u>Step By Step</u>	859-258-7837 Are you 12-24 years old and pregnant or a single mom? Step By Step is for you