

Resource Guide

Employees



The Office of Equal Opportunity

859-257-8927

<https://oeo.uky.edu/>

24/7 Crisis Support

<p><u>Crisis Text Line</u></p>	<p>Text “Start” to 741-741</p> <p>A live, trained crisis counselor receives the text and responses from a secure online platform</p>
<p><u>9-8-8 Suicide and Crisis Lifeline</u></p>	<p>9-8-8</p> <p>Formerly the National Suicide Prevention Lifeline Free, confidential support for people in distress Prevention and crisis resources for you or your loved ones</p>
<p><u>Sexual Violence Resource Center of the Bluegrass</u></p>	<p>859-253-2511</p> <p>Available to support and provide resources for those who have been impacted by sexual violence</p>
<p><u>GreenHouse17</u></p>	<p>1-800-544-2022</p> <p>Formerly Bluegrass Domestic Violence Program Specially trained crisis counselors available to help those harmed by intimate partner violence</p>
<p><u>New Vista Crisis Line</u></p>	<p>1-800-928-8000</p> <p>Crisis trained counselors who can assist in your situation and explore possible solutions</p>
<p><u>Trans Lifeline</u></p>	<p>877-565-8860</p> <p>Connects trans people to community support and resources</p>

Campus Resources

<p><u>Employee Relations</u></p>	<p>859-257-8758</p> <p>Provides guidance on UK HR Policies and Procedures; consults with employees, managers, and administrators on a variety of workplace topics</p>
<p><u>Work-Life Connections Counseling</u></p>	<p>859-257-9355</p> <p>Holistic mental health and wellness support for UK employees, including free therapy options, physical health and financial wellness resources</p>
<p><u>Individual, Relational, and Financial Therapy (I-RAFT) Clinic</u></p>	<p>859-257-7755</p> <p>For couples: Professional mental health appointments (in-person or telehealth) with a marriage and family therapist-in-training at the I-RAFT Clinic</p>
<p><u>Violence Intervention and Prevention (VIP) Center</u></p>	<p>859-257-3574</p> <p>Works with students, staff, and faculty toward the mission of eliminating the perpetration of sexual or gender-based interpersonal violence Confidential advocates can meet with you to review your options</p>
<p><u>Center for the Enhancement of Learning and Teaching (CELT)</u></p>	<p>Resources on how to navigate difficult conversations in the classroom and more services to support engaging, inclusive, and innovative learning</p>
<p><u>C.R.I.S.I.S Program</u></p>	<p>859-257-9242</p> <p>Assists UK employees experiencing personal financial hardship</p>
<p><u>Headspace</u></p>	<p>A meditation and mindfulness platform available to UK faculty and staff for a free one-year membership</p>
<p><u>SafeZone</u></p>	<p>UKPD provides a free app that empowers you to take proactive steps for your personal safety and gives UKPD enhanced response capabilities.</p>

Community Resources

<u>God's Pantry Food Bank</u>	859-255-6592 Serves 50 counties in Central and Eastern Kentucky in partnership with more than 475 food pantries and meal programs
<u>The Nest</u>	859-259-1974 Supports individuals and families in crisis, facing adversity, or who have unexpected needs through early childhood education and care; basic human needs; counseling/advocacy for survivors of Intimate Partner Violence
<u>Domestic and Sexual Violence Prevention Coalition</u>	859-258-3803 Lexington's coordinated community response to domestic and dating violence, sexual violence, and stalking
<u>Lexington Addiction Center</u>	859-681-7823 Partial hospitalization program, intensive outpatient program, outpatient program

Legal Resources

<u>UK Police Department (24hr)</u>	859-257-8573 Always call 9-1-1 in an emergency
<u>UKPD's Special Victims Unit (SVU)</u>	Consists of Lieutenant, Detective, and Victim Advocates Helps victims of interpersonal violence navigate the criminal justice system with respect and integrity
<u>Fayette County Attorney's Office</u>	859-254-4941 Prosecutes misdemeanor cases
<u>Fayette Commonwealth Attorney's Office</u>	859-246-2060 Prosecutes felony cases
<u>Fayette County Sheriff's Department</u>	859-252-1771
<u>Sherrif Department's Amanda's Center</u>	24-7 assistance to those dealing with issues of domestic violence. They have advocates who can assist victims in filing Emergency Protective Orders (EPOs), provide safe phones, offer cameras and other safety measures, etc.
<u>Legal Aid of the Bluegrass</u>	859-431-8200 and press option 4 Legal help for people living at or near poverty, veterans, those who are disabled and victims of domestic violence
<u>Lexington Police Department (24 hr)</u>	859-258-3600
<u>Kentucky State Police</u>	1-800-222-5555
<u>Office of the Attorney General</u>	1-800-372-2551
<u>VINE Registration</u>	1-800-511-1670 The nation's most reliable and confidential source for updated custody status and criminal case information. Register and stay informed